

Your Manhood/Womanhood Plan!!!

“Teach us to number our days, that we may apply our hearts unto wisdom.”
Psalm 90:12

“When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I
became a man, I put away childish things.”
1 Corinthians 13:11



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The Quest for Authentic Manhood/Womanhood

A Look at Now....

- A. How do I evaluate myself in light of the biblical definition of rap manhood/womanhood?
- B. According to the Scripture, what manhood/womanhood responsibilities do I have at this stage in my life? Make a list.
 - 1. Do I accept these responsibilities with conviction?
 - 2. Am I Willing to pursue these by faith?
 - 3. What obstacles are holding my back?
- C. Where am I succeeding as a man/woman right now in regards to my biblical calling as a man/woman?
 - 1. Would others agree with me?
 - 2. How can I see God rewarding me for these successes?
- D. Where am I struggling or failing as a man/woman right now?
 - 1. How, practically, can I reverse this?
 - 2. What key steps can I take within the next 30 days to actually start a reversal process?
 - 3. Whose help do I need?

The Quest for Authentic Manhood/Womanhood

TAKE ALL THE ABOVE INFORMATION AND WRITE OUT SPECIFIC, MEASURABLE GOALS FOR ADDRESSING YOUR PRESENT PURSUIT OF REAL MANHOOD/WOMANHOOD.

EXAMPLE: I will take my first “Getting Away to Get it Together” weekend with my wife/husband by September 1.

EXAMPLE: I will start a regular Bible reading program using the “One-Year-Bible” on January 1.

EXAMPLE: I will lead our family out of the excessive debt we have using a debt reduction plan and the help of a qualified financial advisor. To begin now!

A Look at Now....

Goals

A Look Back...

A. What personal strengths do I presently have due to positive experiences and good people in my past?

How can these strengths and assets aid me in my journey to authentic manhood/womanhood?

B. What unfinished business undercuts my journey to manhood/womanhood?

1. Which of the manhood/womanhood wounds Robert Lewis presented have I not adequately addressed.

2. Have I made a decision to move through the pain than be crippled by it?

3. What keeps me from addressing these wounds?

4. Whose help do I need?

5. How will I practically address the wounds affecting me from my past? Be specific.

6. How will I know when I am finished with this unfinished business? Can I describe “finishing”?

C. What past mistakes do I still need to deal with fully? (i.e. confess and be forgiven for, make resolution for accept responsibility for, etc.)

1. How am I going to deal with these mistake?

2. What steps do I need to take?

3. Whose help do I need? (i.e. friend, pastor, church leader or member, a professional counselor)

D. What questions from my past still need to be answered? Who can help me? Have I made an appointment to seek their help?

The Quest for Authentic Manhood/Womanhood

TAKE ALL THE ABOVE INFORMATION AND WRITE IT INTO SPECIFIC ACTION
STEPS...

GOALS THAT ARE SPECIFIC AND MEASURABLE...

FOR ADDRESSING THE FOUNDATION OF YOUR MANHOOD/WOMANHOOD

EXAMPLE: I will talk to my dad about our relationship and ask him face-to-face whether he loves me or not and whether he is around of me or not. I will do this by September 1.

EXAMPLE: I will see my Depravity Wound and now know how little I understand about spiritual life. I will have someone take me through a basic Bible study to build a strong spiritual foundation by June 30.

EXAMPLE: I will ass forgiveness from the wife/husband and children I left in a divorce and make whatever restitution necessary by June 1.

A Look Back...

Goals

A Look Ahead...

A. What goals must I accomplish for me to say I have achieved true manhood/womanhood by the end of my life? Make a list.

B. What adjectives would I want my wife/husband to use to describe me over the years of our marriage?

C. What sort of “old man/woman” do I want to be? Describe in detail. How can I avoid Ecclesiastes 2:11?

D. How do I want to be remembered by those who knew me?

E. What specific experiences and memories do I want my children to have with me before they leave home?

TAKE ALL THE ABOVE INFORMATION AND WRITE OUT SPECIFIC, MEASURABLE GOALS FOR ADDRESSING YOUR PURSUIT OF REAL MANHOOD/WOMANHOOD.

EXAMPLE: I want to know what my spiritual gift(s) are and I want to use to in some effective way for the glory of God.

EXAMPLE: I want each of my sons and daughters to know what biblical manhood and womanhood is and to have celebrated that with them in three ceremonies that leave a lasting impression.

A Look Ahead...

GOALS